

***Info shared by Pitbull SA.***

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***South Africa.***

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***Homeopathy and teeth.***

Dogs need regular dental care just like their human companions.

Dental problems, cracked or broken teeth, and periodontal concerns are among the top health problems in dogs, after obesity. 80% of our canine companions will exhibit some evidence of dental disease by three years of age –a broken tooth?

Gingivitis?

Expensive dental cleanings?

Looking at homeopathy as an effective way to improve your dog's dental health!

Homeopathy offers a super inexpensive fix for common issues of the mouth ... even when conventional medicine doesn't have much to offer!

## **Dental health.**

Dental disease can be managed using homeopathic medicines called tissue salts (also known as cell salts).

Calc phos 6x and Calc fluor 6x.

For overall dental health, the remedies *Calc phos 6x* and *Calc fluor 6x* can help re-mineralize calcium dependent parts (like teeth) of the body. Dissolve one tablet of each of the above remedies in a small bowl of water and feed every day for about 30 days to strengthen teeth and bones and help prevent tooth decay.

## **Trauma.**

***Arnica*** – is like a homeopathic anti-inflammatory and will help with pain and swelling.

Arnica can be used as soon as possible after an injury, surgery or dental cleaning to help the dog get back on his feet physically and mentally.

***Hypericum*** – calms nerve pain ... the kind that shoots out and prevents your dog from eating (like a toothache from a cracked tooth).

It also speeds healing of broken skin and scars by promoting the production of healthy new epithelial cells.

Often used together, these two remedies should be kept on hand in cases of painful trauma of any kind.

Give them five minutes apart as soon after the accident or surgery as possible. Keep a tube of each in 200c potency in the glove compartment of your car, in case you might suddenly need them.

***Calendula tincture*** – if you can get the dog to cooperate, applying watered down calendula tincture to scratched, burned or injured gum or tongue tissue will help build healthy new cells to heal it faster.

## **Looking at bad breath.**

Stinky breath is usually the result of an issue in either the mouth or the gut, so there's no acute remedy to cure it. In this case, make sure the diet is good and work hard to make sure any internal diseases are

treated.

*Carbo vegetabilis* if your dog is also gassy and you suspect the bad breath might be the result of something like a recent party with the garbage can.

### **Gingivitis.**

*Mercurius solubilis* – use this remedy if your dog's tongue is coated and if drooling or salivating more than usual, but still thirsty for water.

The dog will also have terrible breath and his face may look swollen.

*Phosphorus* – use this for persistently swollen gums that bleed bright red blood easily.

### **Abscess.**

*Pyrogenium* – use this remedy if your dog is feverish and you see pus starting to build up under the gum tissue but not draining.

*Belladonna* – the key here is redness and heat around the head. Use before the abscess fully forms, especially if your dog's eyes are bloodshot or she is acting aggressively.

*Hepar sulphuricum* – use for swollen, painful, often chronic infections with pus formation.

*Hepar sulph* can cause the abscess to burst –it really does the job – so watch carefully when using this remedy.

*Silica* – once the pus is discharging, use *Silica* to help with drainage, especially if your dog has swollen glands.

*Pulsatilla* – use this if there's offensive breath with a dry mouth without thirst; the dog wants to curl up in a warm place and the pain seems to change character—one minute the dog is whining when it eats, at the next meal the dog seems fine, but is in pain while out for a walk...

### **Post dental surgery.**

(See *Trauma* above regarding *Arnica* and *Hypericum*)

*Staphysagria* – helps heal surgical incisions quickly.

*Magnesium phos* – for stiff jaws and cramped muscles after long dental sessions.

*Ledum* – for swelling and soreness at injection sites.

*Phosphorus* – relieves the grogginess and nausea experienced after anesthesia

*Symphytum* – helps heal damage to the periosteum (the thin layer of tissue covering bone) after infections.

Also used for after effects of extensive dental cleaning as it stimulates repair of epithelium.

*Ruta* – to help heal tooth extractions more quickly.

### **Using homeopathic medicine.**

Learn to take a good homeopathic case for best results.

The late Dr Pat Whittaker, a veterinarian saw firsthand that oral health was declining in pets, and she confirmed that the myth that dogs don't get tooth decay was just not true anymore."

Animals, just as humans, respond very well to a good homeopathic case-taking for dentistry concerns.

"So many homeopathic dental books are all wrong.

They will all say for tooth pain, use *Hypericum*, but that's just not true.

Most individuals have a case underneath the pain, and you need to take it. You cannot operate well on a cookbook basis," he says.

*Staphysagria* will often come up for tooth decay but this is not necessarily the right remedy for every dog with a rotten tooth.

With the exception of cases of clear trauma where *Arnica* is obvious, for example, the remedy is going to work best when selected for an animal whose symptom picture indicates that remedy in the entirety, not just in one symptom.

In general, the remedies you use should be used in 6c potency, except *Arnica* and *Hypericum* when these are used in an emergency.

If a condition is serious or chronic or scary to you in any way, it warrants a consult with your homeopath or homeopathic vet to get advice.

Most homeopaths will gladly work with you on your pet's health concerns.

**Tooth paste recipe**

2 Tsp baking powder

2 Tsp coconut oil

1 Drop peppermint oil

10 Drops Colloidal silver

1 Tsp Colostrum

½ Tsp Turmeric root

Mix and apply with gauze.